

INTERNATIONAL DEFENDO CAMP, 21-25 JULY LAKE BALATON



THIS YEAR LAKE BALATON IS WAITING FOR YOU TO COME

More information available at:
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Program:

- Combat Tech and S.T.A.R. programs
- Fight on the ground
- Real situation practicing
- Training in water
- Training in forest
- **TRAINING ON BOAT!!!!!!**
- Challenge days with the Countries' champion.

**EXCLUSIVLY DEFENDO
ALLIANCE**

KNOW HOW

LOCATED AT LAKE BALATON

Instructors:

Jyrki Saario

Antti Nurmi

László Tóth

Attila Magyar

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DEFENDO ALLIANCE PRESENTS

**FIGHTING TACTICS
AND
SELF DEFENCE**

**FEELING
IS
BELIEVING!**

**PERSONAL PROTECTION
DEFENDO
ALLIANCE**

**DEFENDOALLIANCE.COM
DEFENDO.FI**

A collage of images showing self-defense techniques. The main image shows a man in a black shirt holding a woman's face. There are three smaller inset images: one showing a man holding a woman's face, another showing a man holding a woman's arm, and a third showing a man holding a woman's arm in a different pose.

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